

SYLLABUS FOR HEALTH—MR. ENOS

1. Students must bring their health books, paper for note-taking and pen/pencil to class each day.
2. Be respectful of others.
 - No talking while others are speaking.
 - No disruptive behavior.
 - Follow directions.
 - Create a safe and inclusive environment
3. Raise your hand and wait to be called on before speaking.
4. Homework will be worth various points according to the assignment and will be collected at the beginning of class.
5. I will accept **TWO** late homework assignments (each 9 weeks) for a deduction of 2 points **per day**. After two late homework assignments, I will no longer accept the late assignments and the student will receive a zero.
6. There **WILL** be a chance to earn bonus points each week by bringing in an appropriate news article about health from a reliable source i.e newspaper, health magazine, and internet sites ending in .org, .gov, and .edu. Each student will have to share their article in front of the class.
 - You can also take advantage of the “Act in Activity” program. If you bring in a picture that shows you being active and you share with everyone the details of that activity you can earn **5** bonus points. You can only bring in **1** picture per **9 weeks** for points. Feel free to bring in as many active pictures as you want, but only one will count. Your picture needs to follow all school policies and a parent/guardian needs to sign the back of the picture. These will be hung on the wall within the health class.
7. There will **NOT** be opportunities for extra credit at the end of the grading period to ensure passing grades.
8. Restrooms are to be used before class begins. If restroom must be used throughout class, the students planner must be signed and time stamped prior to leaving
9. Students must have failing tests signed by parent/guardian.
10. If a student is absent, that student is responsible for obtaining work and notes that were missed and completing it within one week of the absence.

Mr. Enos
Evaluation for Health

7th Grade Health

- 1. Homework:** various amounts per assignment ranging from 5-40. Two late homework assignments are accepted under the condition that 2 points are deducted per day that it is late. After two late assignments, the student will receive a zero on all late assignments.
- 2. In-Class Individual/Group Work:** Point Value of 5-60 points per assignment depending on difficulty and/or amount of work done in order to complete the assignment.
- 3. Bonus Points:** Each student has the opportunity to earn one bonus point per week by bringing an appropriate news article regarding health issues from reliable sources.
- 4. Tests/Quizzes:** Tests will vary in point value throughout the school year depending on the amount of material covered in the units.
Tests will include:
 - a. True & False
 - b. Matching
 - c. Short Answer
 - d. Essay
 - e. Fill in the blank
 - f. Multiple Choice
- 5. Grading:** Standard grading system of the Rockwood Area School District.
- 6. Grading Break Down:**
Tests-40%
Homework-30%
Quiz, Book Check, Projects, Small Group work-30%

Material that will be covered include: (7th Grade)

1. Learning about your health
2. Taking Responsibility for your health
3. Physical Activity and Fitness
4. Food and Nutrition
5. Growth and Development
7. Mental and Emotional Health
8. Social Health- Family and Friends
9. Resolving Conflict- Preventing Violence
10. Tobacco
11. Drugs and Alcohol
12. Communicable and non-communicable disease.

13. Botvin Life Skills