

**Mr. Buterbaugh Lesson Plans
November 5-9, 2018**

7th Grade Health

Objectives:

Students will be able to explain the three parts of the health concept.
 Students will be able to explain why healthy choices are important to one's health.
 Students will be able to explain how external forces can influence their health.
 Students will be able to identify how self-esteem plays a role associated with character development.
 Students will be able to identify how public health can affect decisions they make.

Weekly Lesson Plan

On Monday the class will continue reviewing food labels. The class will continue reviewing important concepts associated with nutrition on Wednesday by completing worksheets. Friday, students will use their chrome books to complete a class activity looking at specific restaurants and nutrition facts.

Homework

Due Friday- Worksheets on nutrition facts
 Due Next Monday- Internet assignment, started in class on Friday

Standards:

| | | | | | | | | | |
|---------|--------|--------|--------|--------|--|--|--|--|--|
| 2.12.10 | 3.12.1 | 3.12.2 | 7.12.2 | 7.12.3 | | | | | |
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9th Grade Health

Objectives:

Students will be able to explain the importance of Health.
 Students will be able to explain why healthy choices are important to one's health.
 Students will be able to explain how external forces can influence their health.
 Students will be able to identify how self-esteem plays a role associated with character development.
 Students will be able to identify how public health can affect decisions they make.

Weekly Lesson Plan:

On Monday the class will continue reviewing nutrition notes associated with food labels. The class will continue reviewing important concepts associated with nutrition on Wednesday by completing worksheets. Friday, students will use their chrome books to complete a class activity looking at specific restaurants and nutrition facts.

Homework

Due Friday- Worksheets on nutrition facts
 Due Next Monday- Internet assignment, started in class on Friday

Standards:

| | | | | | | | |
|---------|--------|--------|--------|--------|---------|--------|--------|
| 2.12.10 | 3.12.1 | 3.12.2 | 7.12.2 | 7.12.3 | 2.12.10 | 3.12.1 | 3.12.2 |
|---------|--------|--------|--------|--------|---------|--------|--------|

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7th Grade P.E.

Objectives:

The students will be able to perform a 2-minute run, push-ups and sit-ups.
 Students will be able to control the equipment needed for the entire class.
 Students will be able to perform important skills necessary for participation in a soccer activity.

Standards:

| | | | | | | | | | |
|--------|--------|--|--|--|--|--|--|--|--|
| 10.4.9 | 10.5.9 | | | | | | | | |
| a.c | a.b.c | | | | | | | | |

Gatorball
 Rules
 Skills needed for Gatorball
 Game

Students will be graded on class participation, class dress, sportsmanship, and classroom conduct. Please refer to student syllabus

9th Grade and Sr. High P.E.

Objectives:

The students will be able to perform a 2-minute run, push-ups and sit-ups.
 Students will be able to control the equipment needed for the entire class.
 Students will be able to perform important skills necessary for participation in a soccer activity.

Standards:

| | | | | | | | | | |
|---------|--------|--|--|--|--|--|--|--|--|
| 10.4.12 | 10.5.9 | | | | | | | | |
| a | a.f | | | | | | | | |

Gatorball
 Rules
 Skills needed for Gatorball
 Game

Students will be graded on class participation, class dress, sportsmanship, and classroom conduct. Please refer to student syllabus

