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| **Lesson Plan** | **Class:**  **Health 7** | | **Date:** 9/13 |
| **Topic:** Understanding Health and Wellness | | | |
| **Learning Objectives** | | **Standards** | **Materials** |
| The Student Will Be Able To:  \*Define the following key terms (Health, Spiritual Health, Wellness, risk behaviors, self assessment, consequences, etc.)  \*Identify the 3 areas of Health  \* answer 80% or more of the review questions correctly as a class | | PA Standard:  10.1.9 D  10.1.9 A | Glencoe Health Textbook  Review slides |
| **Introduction** ❏ **Discussion Question**  ❏ Media ❏ Activate Prior Knowledge | | | **Strategies**   * ~~Think/Pair/Share~~ * Graphic Organizer * PBL * ~~Tech Integration~~ * Gamification * Task Cards * Peer Teaching * Self Assessment * Growth Mindset * Other: |
| Bell Ringer (open ended review question) | | |
| **Activities** ❏ Whole Group ❏ Small Group ❏ Cooperative Learning ❏ Centers | | |
| The class will be split into two teams and play a review game. These questions will come from anywhere within the chapter. One student from each side will be randomly picked, a question will be shown on the board. First student to hit the bell gets to answer. If answered incorrectly, the opposing team gets a chance to steal the points. Winning team receives one bonus point on the test. | | |
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| **Evaluation** ❏ **Observation** ❏ Worksheet ❏ Test ❏ Project ❏ Presentation ❏ Published Work ❏ Rubric | | | |
| Student performance within the review game | | | |
| **Differentiation** | | | |
| *Enrichment* |  | *Accomodations* |  |
| Students seeing/answering the review questions posed to them as a refresher for the test |  | Preferential seating  Extended time for completion |  |

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