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| **Lesson Plan** | **Class:**  **Health 9** | **Date:** 9/13 |
| **Topic:** Personal Skills For Health And Wellness |
| **Learning Objectives** | **Standards** | **Materials** |
| The Student Will Be Able To:\*Define the following key terms (Decision Making Skills, Refusal Skills, and Interpersonal Skills)\*Identify the 5 steps of the decision-making process | PA Standard:10.1.9 D10.2.9 D | Glencoe Health TextbookSlidesNotes |
| **Introduction** ❏ **Discussion Question**  ❏ Media ❏ Activate Prior Knowledge | **Strategies*** ~~Think/Pair/Share~~
* Graphic Organizer
* PBL
* ~~Tech Integration~~
* Gamification
* Task Cards
* Peer Teaching
* Self Assessment
* Growth Mindset
 |
| Students will answer the 9 questions on Page 22 of their health book to see if their skills within the chapter need improvement  |
| **Activities** ❏ Whole Group ❏ Small Group ❏ Cooperative Learning ❏ Centers |
| \* Read pages 22-24\*Slideshow covering Chapter 2 Lesson 1 * Assign homework within the book on page 24
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| **Evaluation** ❏ **Observation** ❏ Worksheet ❏ Test ❏ Project ❏ Presentation ❏ Published Work ❏ Rubric |
| \*Class Discussion/ Questions assigned for homework  |
| **Differentiation** |
| *Enrichment* |  | *Accomodations* |  |
| 9 questions at the beginning of class as an eye-opener to students to see where their interpersonal skills are strong or lacking. This will help captivate students attention and make it more personal to them throughout the lesson.  |  | \*Preferential Seating\*Small Group and/or One on One Assistance\*Extended time for work completion |  |

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